



SMART EATS

Signature Meals

Pick up: Wednesday 4-8 p.m. & Saturday 9-11 a.m.

Breakfast

Cheesy Potato & Egg Scramble \$12

Roasted diced potatoes, diced red onion and peppers, turkey chorizo gravy, cheese sauce

ABJ Overnight Oats \$10

Almond butter, Greek yogurt, oats, chia seeds, maple syrup, strawberry basil jam, pecan crumble

Salads

Can substitute chicken, shrimp or falafel

Harvest \$13

Mixed greens, tomato, red onion, sweet potato, goat cheese, crasins, candied pecans, herb chicken, honey mustard vinaigrette

Strawberry Poppyseed \$13

Mixed greens, sliced strawberries, pickled red onion, feta cheese, bacon candied pecan cranberry crumble, strawberry poppyseed dressing

Curried Chicken Salad \$22 (2 servings)

Shredded chicken (16oz), tossed in a curried honey yogurt sauce with celery, carrot, onion. Served with four 7-grain buns

Hot Meals

Can substitute chicken, shrimp or falafel

Southwest Taco Bowl \$12

Taco seasoned lean beef, corn, black beans, tomatoes, red onion, over citrus quinoa with a green goddess dressing

Chicken Pita Bowl \$13

Shwarma diced chicken, pickled red onion, feta, olives, tomatoes, honey feta sauce, hummus, and bacon crumble over farro

Siracha Honey Shrimp \$12

Blackened shrimp, roasted garlic green beans over citrus quinoa, finished with a honey siracha lime sauce

Sides/ Snacks

Hummus \$8

Lemon za'tar hummus, kalamata, tomatoes, feta

Fruit Salad \$6

Mixed fruit & quinoa in a honey lime & cinnamon vinaigrette

Protein Pumpkin Whip \$6

Pumpkin, cottage cheese, vanilla protein powder, cinnamon, pumpkin spice, cinnamon chocolate chips & graham cracker crumble

Cookie Dough Energy Balls (2) \$4

Protein powder, peanut butter, chocolate chips, oats

Grab N Go Desserts

Available for purchase at pick up