



# SMART EATS

## Signature Meals

**Pick up: Wednesday 4-8 p.m. & Saturday 9-11 a.m.**

### Breakfast

#### Breakfast Bowl \$11

Hash browns, cheese scrambled eggs, taco seasoned turkey meat, fresh salsa, hot sauce yogurt.

#### Chocolate Peanut Butter Overnight Oats \$7

Oats, vanilla almond milk, Greek yogurt, chia seeds, topped with peanut butter, chocolate, and flakey sea salt.

### Hot Meals

#### Orange Chicken Bowl \$12

Ground chicken with ginger brown rice, broccoli, and finished with our house orange chicken sauce.

#### Chicken Parmesan \$13

Italian seasoned baked chicken tenderloins, served over protein pasta and garlic green beans topped with house marinara sauce, mozzarella cheese and a side of panko parmesan crumble.

#### Jalapeno Meatloaf \$12

Individual jalapeno meatloaf with a sweet and spicy BBQ glaze served with herbed smashed potatoes and roasted broccoli.

#### Honey Mustard Salmon \$13

Honey mustard marinated baked salmon, served over Harissa roasted sweet potatoes, and garlic green beans topped with a honey mustard sauce.

### Sides/ Snacks

#### Cheese Tortellini Soup \$13 (2 Servings)

Cheese tortellini, spinach, fire-roasted tomatoes, onion, and garlic in a creamy parmesan broth.

#### Turkey Sweet Potato Chili Bake \$10 (2 Servings)

Ground turkey, black beans, kidney beans, sweet potatoes, tomatoes, chili spices, topped with cheddar cheese, green onions, and sliced jalapenos.

**We would love to hear about your meals on social media or Google Review!**

Tag us on Facebook/Instagram -  
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Meals are good for 5 days  
**Meals are made fresh**  
New menu every month