



SMART EATS

Signature Meals

Pick up: Wednesday 4-8 p.m. & Saturday 9-11 a.m.

Breakfast

Orange Protein Pancakes \$10

Fluffy orange Greek yogurt protein pancake stack served with 2 turkey sausages and an orange cinnamon maple syrup

Breakfast Burrito \$13

(2 Servings)

Stuffed with melty cheddar cheese, soft scrambled eggs, kale and red peppers, and turkey sausage and a creamy salsa verde

Salads

Substitute Protein: Chicken, shrimp or falafel

Greek \$12

Greek seasoned chicken, kalamata olives, red onion, tomato, cucumbers, feta cheese, lemon za'tar hummus, mixed greens, greek vinaigrette

Caesar Salad Pasta \$11

Blackened chicken, whole wheat pasta, parmesan cheese, kale, lemon garlic panko crouton crumble, creamy lemon Caesar dressing

Hot Meals

*Substitute Protein: Chicken, shrimp or falafel
Substitute Grain: Cauliflower rice*

Buffalo Chicken Bowl \$13

Black & blue seasoned chicken breast, served over quinoa with a celery carrot, shaved sprout mix, chopped tomato, green onion, picadilly garlic ranch and white cheddar or blue cheese

Thai Beef Bowl \$12

Thai seasoned lean ground beef, over quinoa, purple cabbage slaw, green onions, red peppers topped with Asian cucumbers, and a Thai peanut sauce

Fiesta Lime Shrimp \$12

Seasoned shrimp, served over quinoa, and a street corn and black bean salad, topped with house slaw mix and a chipotle lime cream

Sides/ Snacks

Tortellini Salad \$8

(2 Servings)

Three cheese tortellini, goat cheese, shaved brussel sprouts, lemon basil vinaigrette

Tomato Soup \$9

(2 Servings)

Rich & creamy tomato soup with white cheddar cheese and black pepper

Snickers Energy Bites (2) \$4

Peanuts, oats, dates, honey, nut butter, and chocolate

Meals are good for 5 days
Meals are made fresh
New menu every month